



# DESANTOS PREMIER MARTIAL ARTS

## Temporary Social Distancing Class Timetable as of **September 8, 2020**



MAIN STREET LOCATION · 416-699-5078 · [desantosmain@desantos.ca](mailto:desantosmain@desantos.ca)

VICTORIA PARK LOCATION · 416-901-5518 · [desantosvp@desantos.ca](mailto:desantosvp@desantos.ca)

**(A) CLASSES** Self-protection, sparring drills, kickboxing · **(B) CLASSES** Forms, kicking techniques, weapons

	MONDAY (A)	TUESDAY (A)	WEDNESDAY (B)	THURSDAY (B)	FRIDAY	SATURDAY (B)
<b>Tiny Champs &amp; Little Champs Basic</b> White to Half-Yellow (Ages 3-4)	4:30 – 5:00 p.m. Main Street & online	6:00 – 6:30 p.m. Victoria Park & online	4:30 – 5:00 p.m. Main Street & online	6:00 – 6:30 p.m. Victoria Park & online		10:30 – 11:00 a.m. Victoria Park & online
<b>Little Champs BBT</b> Double Orange to Half Brown (Ages 5-7)	6:00 – 6:30 p.m. Main Street & online	5:15 – 5:45 p.m. Victoria Park & online	6:00 – 6:30 p.m. Main Street & online	5:15 – 5:45 p.m. Victoria Park & online		11:15 – 11:45 a.m. Victoria Park & online
<b>Basic BBT</b> White to Orange (Ages 8+)	5:15 – 5:45 p.m. Main Street & online	6:45 – 7:15 p.m. Victoria Park & online	5:15 – 5:45 p.m. Main Street & online	6:45 – 7:15 p.m. Victoria Park & online		9:45 – 10:15 a.m. Victoria Park & online
<b>Intermediate BBT</b> Purple to Green with Black Stripe (Ages 8+)	6:45 – 7:15 p.m. Main Street & online	4:30 – 5:00 p.m. Victoria Park & online	6:45 – 7:15 p.m. Main Street & online	4:30 – 5:00 p.m. Victoria Park & online		9 a.m. – 9:30 a.m. Victoria Park & online
<b>Premier Program</b> Brown to Red with Black Stripe	7:30 – 8:00 p.m. Main Street & online	8:15 – 8:45 p.m. Victoria Park & online	7:30 – 8:00 p.m. Main Street & online	8:15 – 8:45 p.m. Victoria Park & online		12:00 – 12:30 p.m. Victoria Park & online
<b>Black Belts</b>	8:15 – 8:45 p.m. Main Street & online	7:30 – 8:00 p.m. Victoria Park & online	8:15 – 8:45 p.m. Main Street & online	7:30 – 8:00 p.m. Victoria Park & online		12:00 – 12:30 p.m. Saturday candidate training info below

**BLACK BELT CANDIDATES SATURDAY TRAINING** — Black Belts 6:00 – 8:30 a.m. · Underbelts 6:45 – 8:30 a.m. (Location varies)

**S.T.O.R.M.** — Fridays at 6:00–6:30 p.m. (Main Street location)    **S.W.A.T. & C.I.T.** — Fridays at 6:45 – 7:15 p.m. (Main Street location)

- Class spots must be reserved ahead of time online. We will also be livestreaming classes so students may attend from home.
- Students will be screened before entering the dojang. Masks are required for everyone not on the training floor participating in class.
- Classes will be on a shorter schedule to allow for enhanced cleaning between classes.
- When age-appropriate, parents and guardians will be expected to leave the student in our care for the duration of class.